



# PUYU WIYA

FOR YOUR HEALTH, FAMILY AND COMMUNITY



**TACKLING INDIGENOUS SMOKING  
AND VAPING ACROSS WEST  
COAST COMMUNITIES**

# TACKLING INDIGENOUS SMOKING PROGRAM

The Tackling Indigenous Smoking (TIS) team takes a population and preventative health approach to help decrease smoking and vaping rates across west coast communities. Our three priority groups are pregnant women, people in remote areas and young people.

## WE AIM TO:

- Encourage community involvement and support for local tobacco and vaping control activities.
- Increase community understanding of the health dangers of smoking and vaping including their link to chronic disease.
- Promote the benefits of not smoking or vaping.
- Reduce environmental smoke and exposure to second-hand smoke.
- Provide information and referrals to clinical and non-clinical services to support quit attempts.

## WE DO THIS BY:

- Developing, implementing and evaluating activities and information that encourages the prevention and cessation of smoking and vaping.
- Building community support for health promotion activities, ensuring activities are specific to the needs of local Aboriginal people.
- Empowering community to understand the dangers of smoking and vaping and the supports available to make quit attempts.
- Promoting the benefits of quitting, and of smoke and vape-free environments through presentations to schools and community.

## WE SUPPORT OUR COMMUNITIES BY:

- Providing Tackling Indigenous Smoking and Vaping information and resources at community events.
- Presenting information sessions to schools, youth groups, community groups and organisations and discuss the benefits of not smoking or vaping, quitting and of smoke and vape-free environments.
- Offer referrals to Quitline and their local Aboriginal Community Controlled Health Organisation (ACCHO).

## COMMUNITIES WE SERVICE:

Below is a map of our local ACCHO locations, however our TIS team service the entire west coast communities.



Oak Valley

Yalata

Ceduna

Port Lincoln

## TEAM CONTACT INFORMATION



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