



PUYU WIYA

FOR YOUR HEALTH, FAMILY AND COMMUNITY



**TACKLING INDIGENOUS SMOKING
AND VAPING ACROSS WEST
COAST COMMUNITIES**

TACKLING INDIGENOUS SMOKING PROGRAM

The Tackling Indigenous Smoking (TIS) team takes a population and preventative health approach to help decrease smoking and vaping rates across west coast communities. Our three priority groups are pregnant women, people in remote areas and young people.

WE AIM TO:

- Encourage community involvement and support for local tobacco and vaping control activities.
- Increase community understanding of the health dangers of smoking and vaping including their link to chronic disease.
- Promote the benefits of not smoking or vaping.
- Reduce environmental smoke and exposure to second-hand smoke.
- Provide information and referrals to clinical and non-clinical services to support quit attempts.

WE DO THIS BY:

- Developing, implementing and evaluating activities and information that encourages the prevention and cessation of smoking and vaping.
- Building community support for health promotion activities, ensuring activities are specific to the needs of local Aboriginal people.
- Empowering community to understand the dangers of smoking and vaping and the supports available to make quit attempts.
- Promoting the benefits of quitting, and of smoke and vape-free environments through presentations to schools and community.

WE SUPPORT OUR COMMUNITIES BY:

- Providing Tackling Indigenous Smoking and Vaping information and resources at community events.
- Presenting information sessions to schools, youth groups, community groups and organisations and discuss the benefits of not smoking or vaping, quitting and of smoke and vape-free environments.
- Offer referrals to Quitline and their local Aboriginal Community Controlled Health Organisation (ACCHO).

COMMUNITIES WE SERVICE:

Below is a map of our local ACCHO locations, however our TIS team service the entire west coast communities.



Oak Valley

Yalata

Ceduna

Port Lincoln

TEAM CONTACT INFORMATION



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